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3 AU 5 DÉCEMBRE 2025

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**BMC Primary Care**

**RESEARCH**

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# Time is health: management of Parkinson's disease in primary care: a retrospective quantitative study of diagnostic and therapeutic timelines

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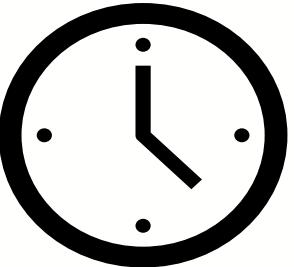
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**Je n'ai aucun conflit d'intérêt à déclarer**

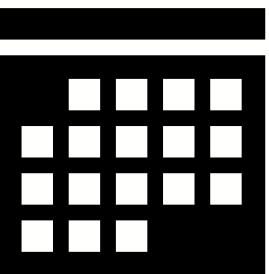


## Submission history

<b>Submission received</b>	
Submission received	11 Nov 2024
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Submission is under technical check	11 Nov 2024
Amendment requested	12 Nov 2024
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**4 tours de relecture**

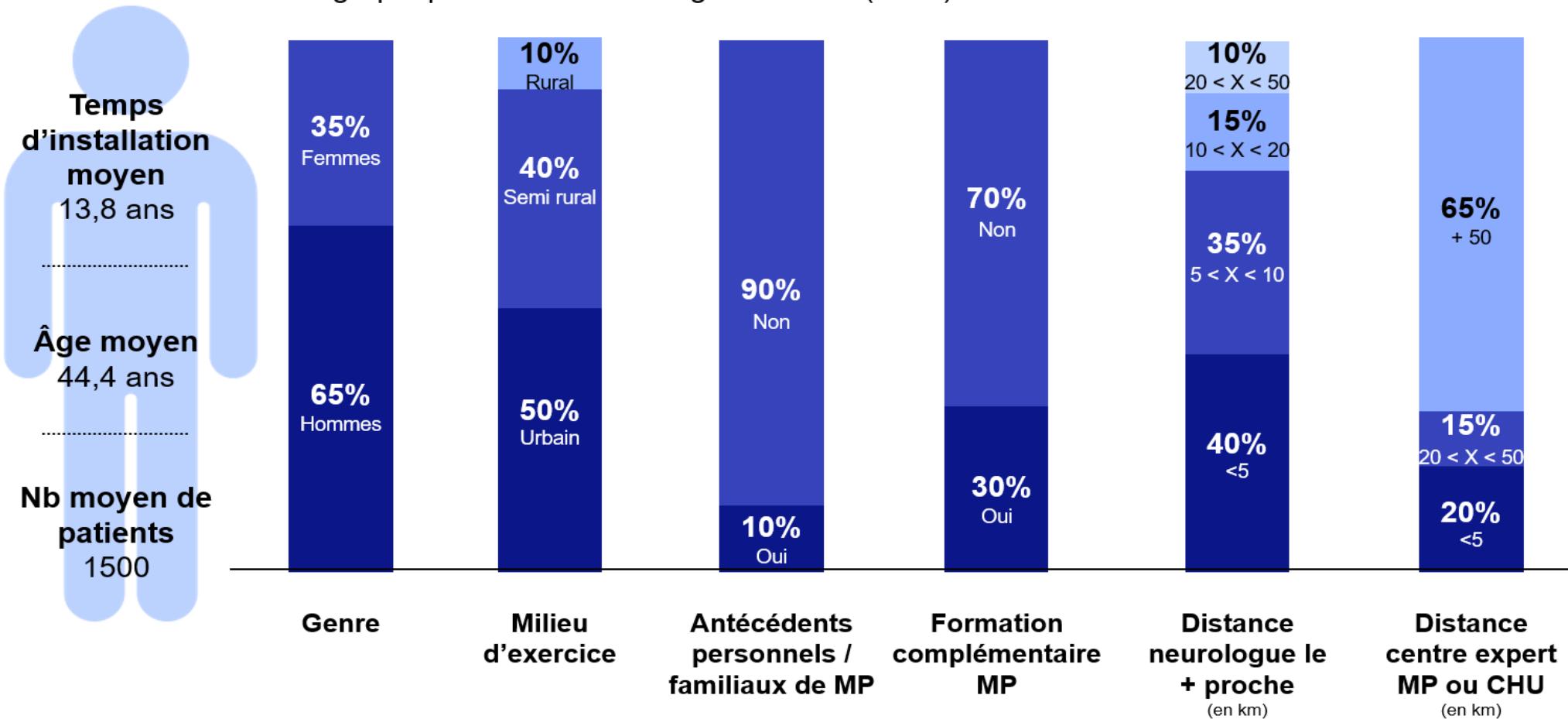


<b>Reviewer report(s) received</b>	11 Jan 2025
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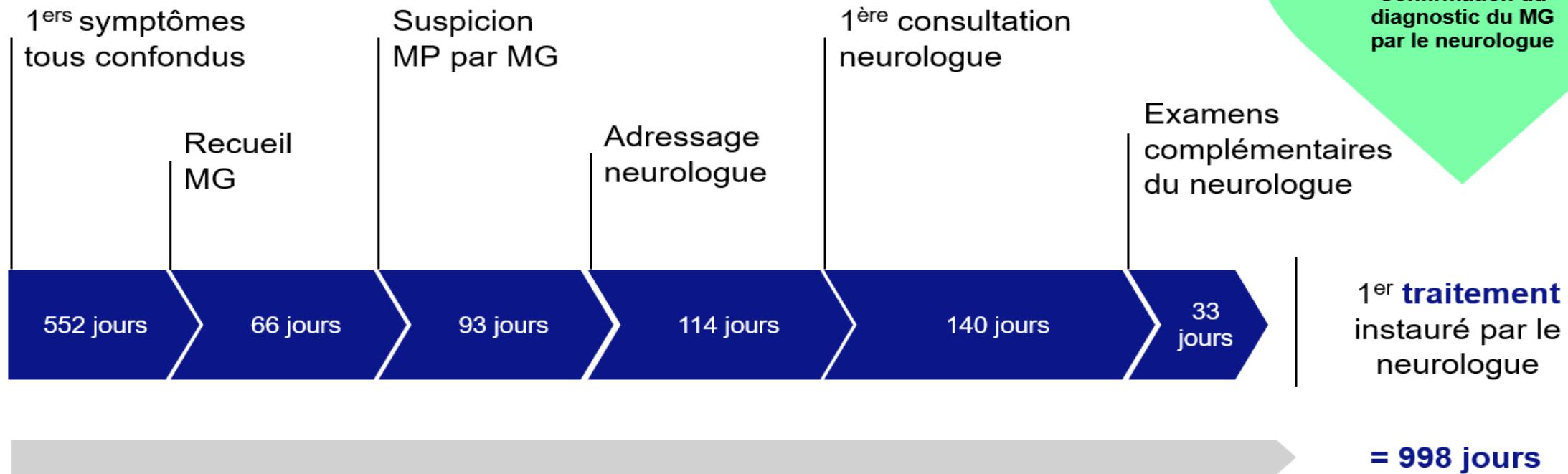
## Résultats | Données

Données socio-démographiques des médecins généralistes (n=20)



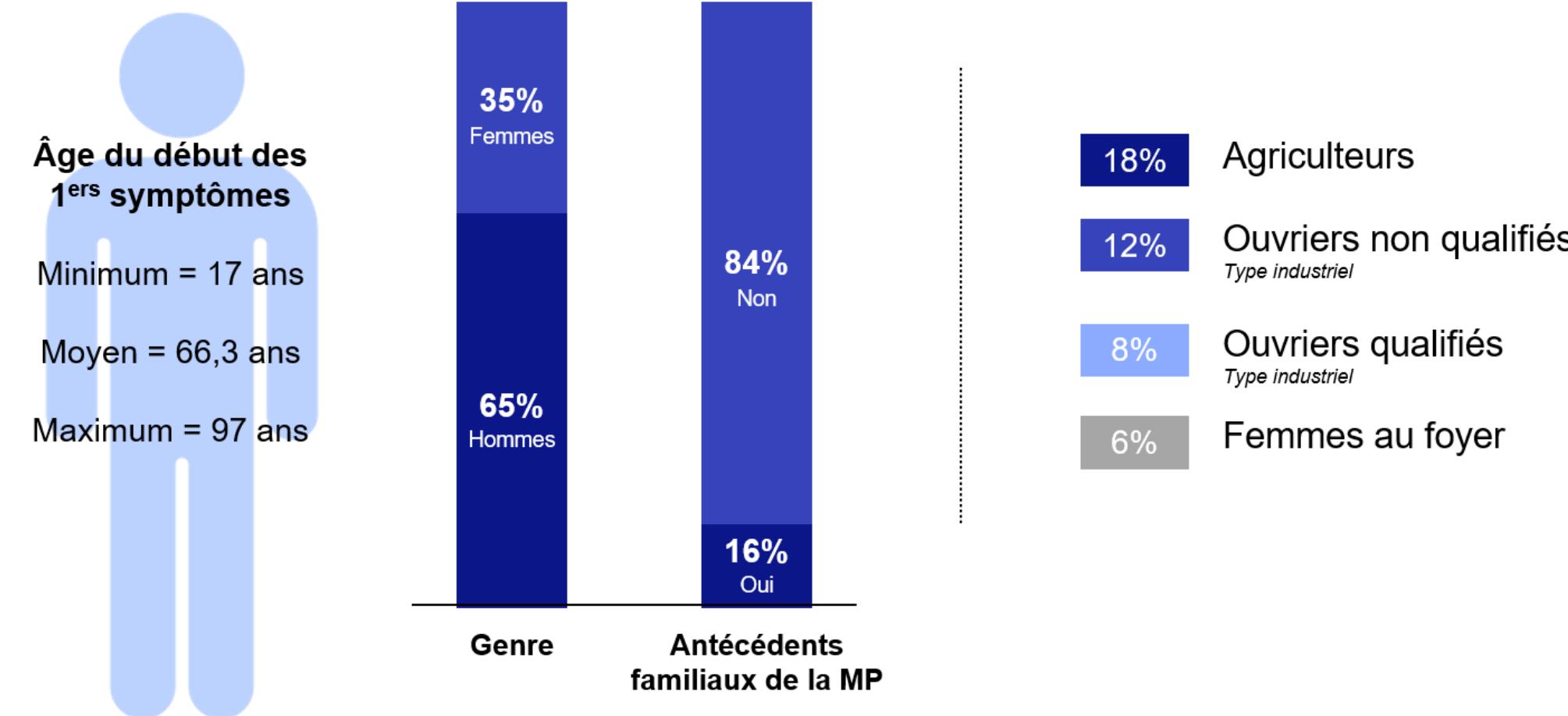


## Résultats principaux





## Données socio-démographiques des patients (n=51)





## Les premiers symptômes observés par le patient

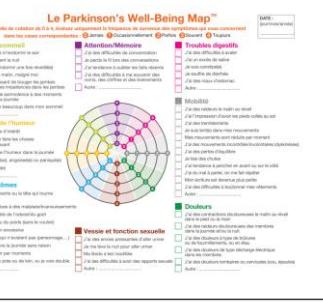
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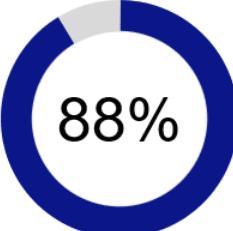
**Table 3** Initial symptoms observed by the patient

Breakdown of 1 st symptoms observed by the patient (n = 51)

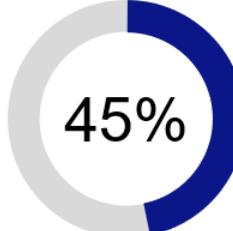
	n	(%)
Mobility disorders	45	88
Trembling	32	71
Slowness of movement	24	53
Morning stiffness	18	40
Reduced movement	13	29
Loss of balance	10	22
Feeling of sticky feet	7	16
Mobility disorders	6	13
Mood changes	23	45
Mood changes during the day, feelings of anxiety/anxiety/panic	13	57
Feelings of depression	12	52
Apathy	10	43
Loss of interest	9	39
Memory and attention disorders	12	24
Difficulty concentrating	8	67
Forgetting recent events	7	58
Loss of the thread of conversation	3	25
Difficulty remembering names/numbers/events.	2	17
Sleep disorders	10	20
Frequent waking at night	7	70
Difficulty falling asleep	6	60
Difficulty getting back to sleep	5	50
Incessant need to move your legs	3	30
Early morning awakening	2	20
Sleep disturbed by changes in position	2	20
Painful symptoms	9	18
Cervical/lumbar pain	6	67
Painful stiffness during the day or in the hand	5	56
Painful contractions on waking	2	22
Burning/tingling/squeezing pain	2	22
Digestive symptoms	8	88
Constipation	7	88
Stomachache	1	13
Excess saliva	1	13
Other symptoms	1	12
Taste and smell disorders	1	33
Unexplained fatigue during the day	2	33
Dizziness/head spinning on lifting	1	17
Loss of self-esteem	1	17
Bladder and sexual function disorders	5	10
Altered libido	3	60
Difficulty having sexual intercourse	3	60
Urgent need to urinate	2	40
Gets up at night to urinate	2	40



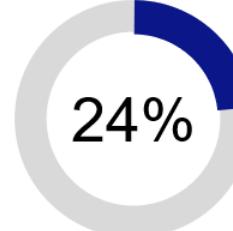
## Les premiers symptômes rapportés par le patient au MG



Troubles de la mobilité  
(n = 45)



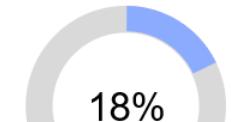
Modifications de l'humeur  
(n = 23)



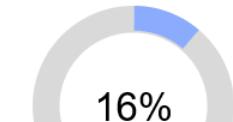
Troubles de la mémoire et de l'attention  
(n = 12)



Troubles du sommeil  
(n = 10)



Symptômes douloureux  
(n = 9)



Symptômes digestifs  
(n = 8)





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# TOGETHER IN PARKINSON'S

EP . 202 | TIME IS HEALTH:  
DIAGNOSTIC DELAYS WITH  
DR. SABINE BAYEN

with Dr. Sabine Bayen, MD, PhD  
Senior Lecturer, University of Lille

Lire K



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